

Mamluk Archery Clinic

August 2022



Walthamstow



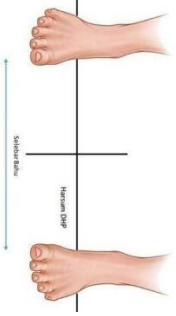
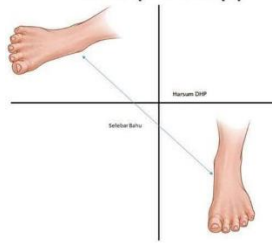
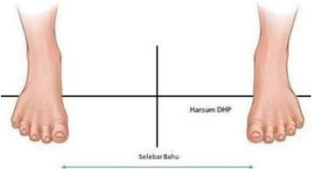
FATIMA
ELIZABETH
ARCHERY CLUB

MAMLUKARCHERY CLINIC HANDOUT

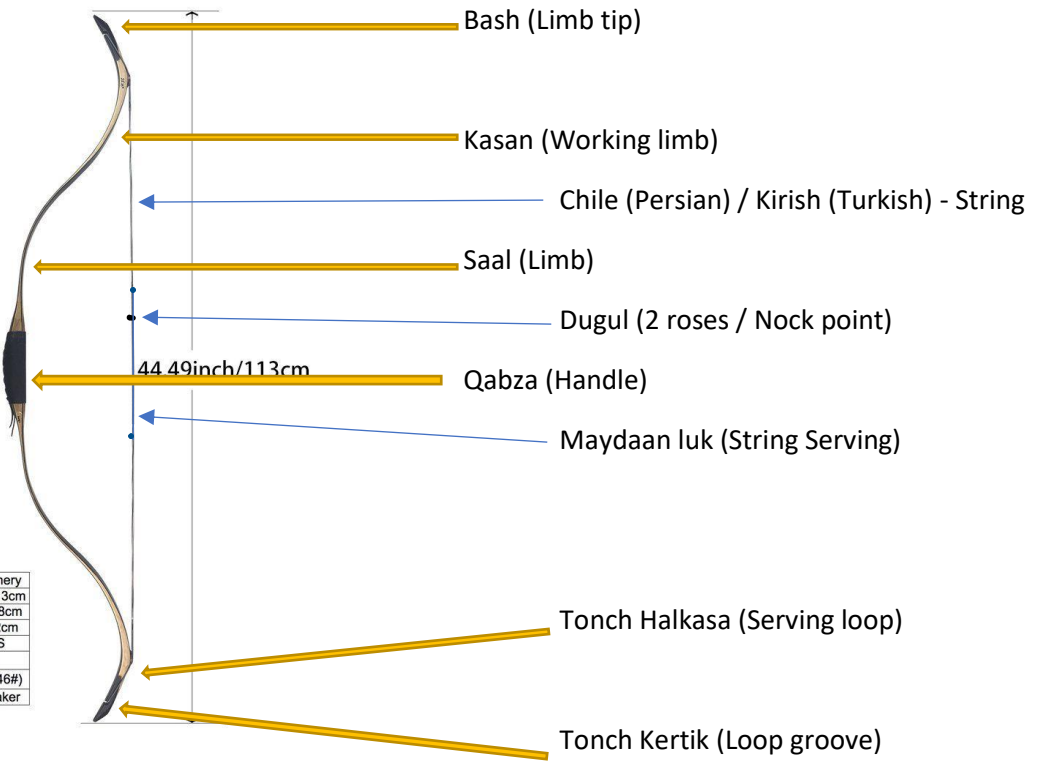
Companion S. **Sa'ad ibn Abi Waqqas** is the founder of Islamic Archery and the first to shoot an arrow in the way of Islam. He is the figurehead and Ustadh al-Ramy.

Taybugha Al-Yunani (from modern day Lebanon) is the Grand Master because he achieved all 114 levels of competency in archery and horseback archery.

3 SCHOOLS OF ARCHERY

NAME	NOTES	TECHNIQUE	OTHER
<p>ABU HAASHIM AL-MAAWARDI</p> <p>CHRONOLOGICAL ORDER - 1</p>	<p>Learned from daughter of S. Sa'ad ibn Abi Waqqas. Did not get to meet the Sahabi.</p>	<p>Feet straight, sideways on to target 90°. Anchor point is the chin.</p> <p style="text-align: center;">Abu Hashim Al Mawardi</p>  <p style="text-align: center;">TARGET</p>	<p>Push and Pull method</p>
<p>ABU ISHAAQ AL-RAQQI</p> <p>CHRONOLOGICAL ORDER - 3</p>	<p>From Raqqa in Northern Syria</p>	<p>Feet are 45° to target. Anchor point is side of mouth.</p> <p style="text-align: center;">Ishaq Al Raqqi</p>  <p style="text-align: center;">TARGET</p>	<p>Push and Pull method</p>
<p>ABU TAAHIR AL-BALKHI</p> <p>CHRONOLOGICAL ORDER - 2</p>	<p>From Balkh</p>	<p>Feet facing the target. Anchor point is eye line.</p> <p style="text-align: center;">Thahir Al Balqi</p>  <p style="text-align: center;">TARGET</p>	<p>Push and Pull method</p>

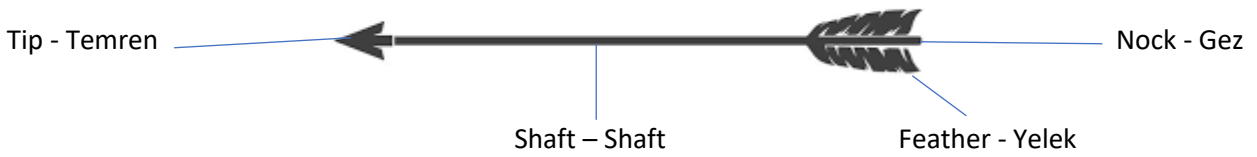
BOW PARTS



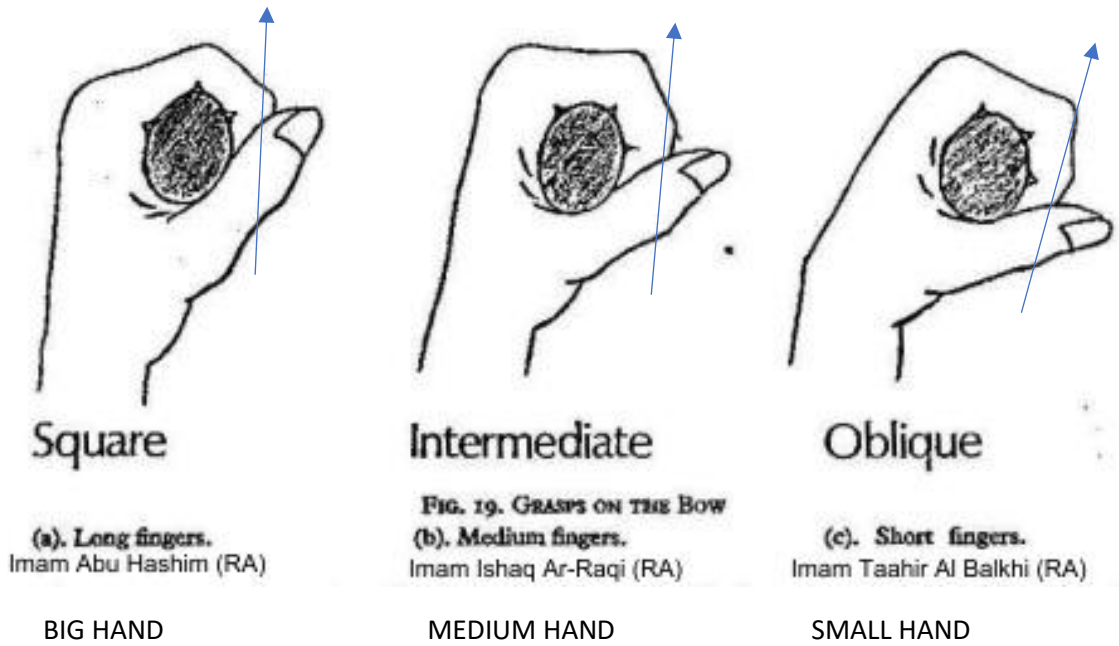
Name	Turkish Archery
Length(With String)	44.49inch/113cm
String Length	38.58inch/98cm
Max Draw Length	30inch/76.2cm
Draw Weight	10-50LBS
Bow body Weight(28"35#)	286g
Speed (27g carbon arrow)	200ft/s (28"46#)
Brand	Longbowmaker

ARROW PARTS

OK – Whole Arrow



QABZE (HANDLE/GRIP) POSITION

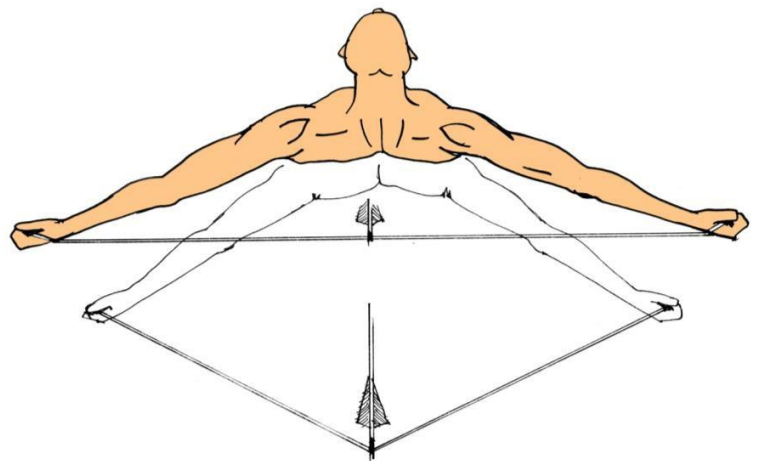
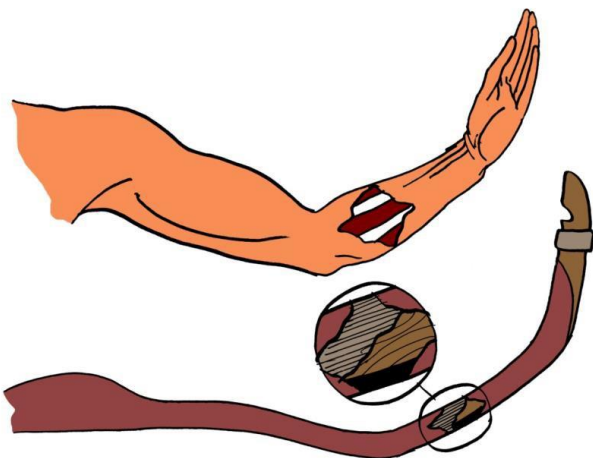


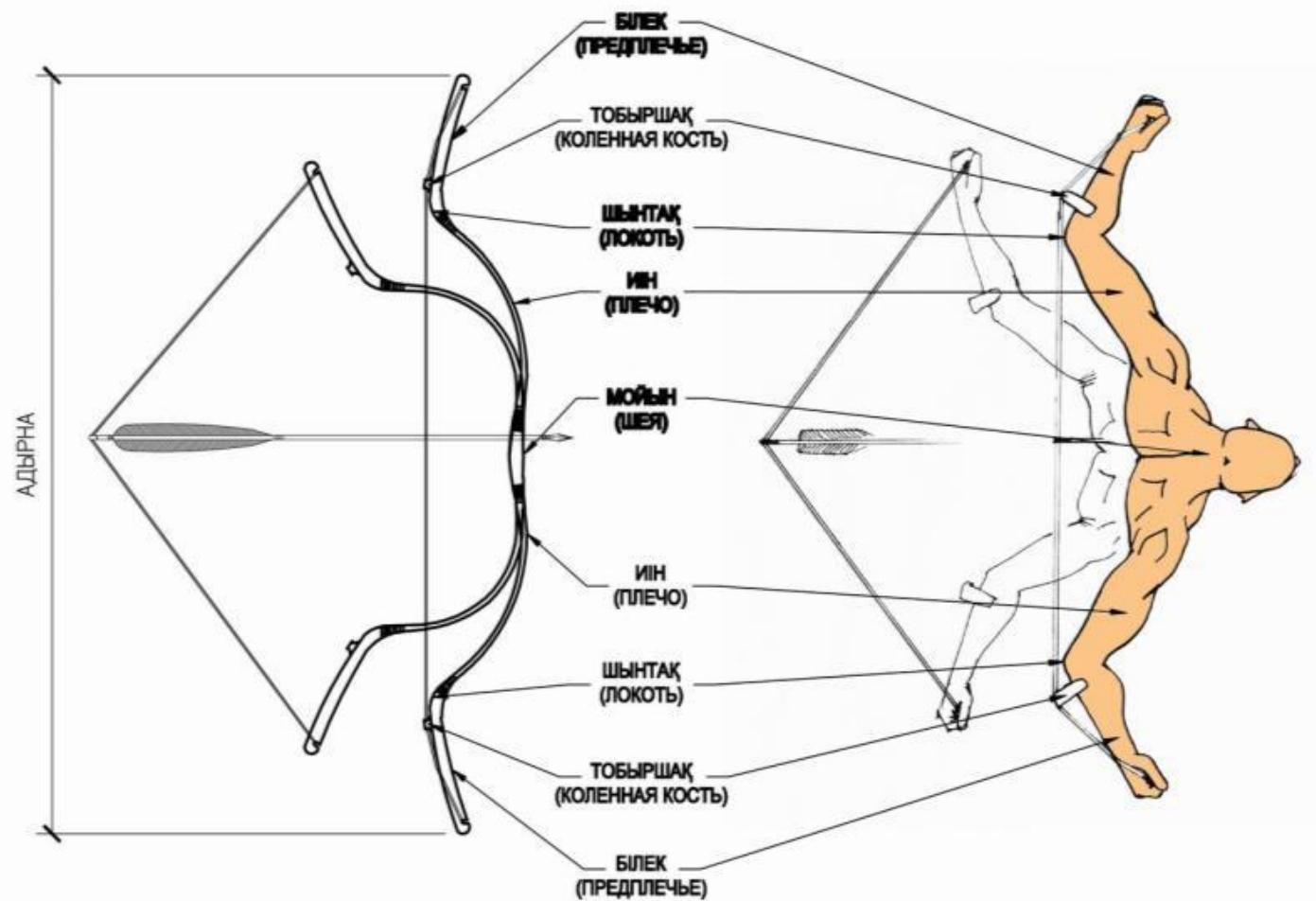
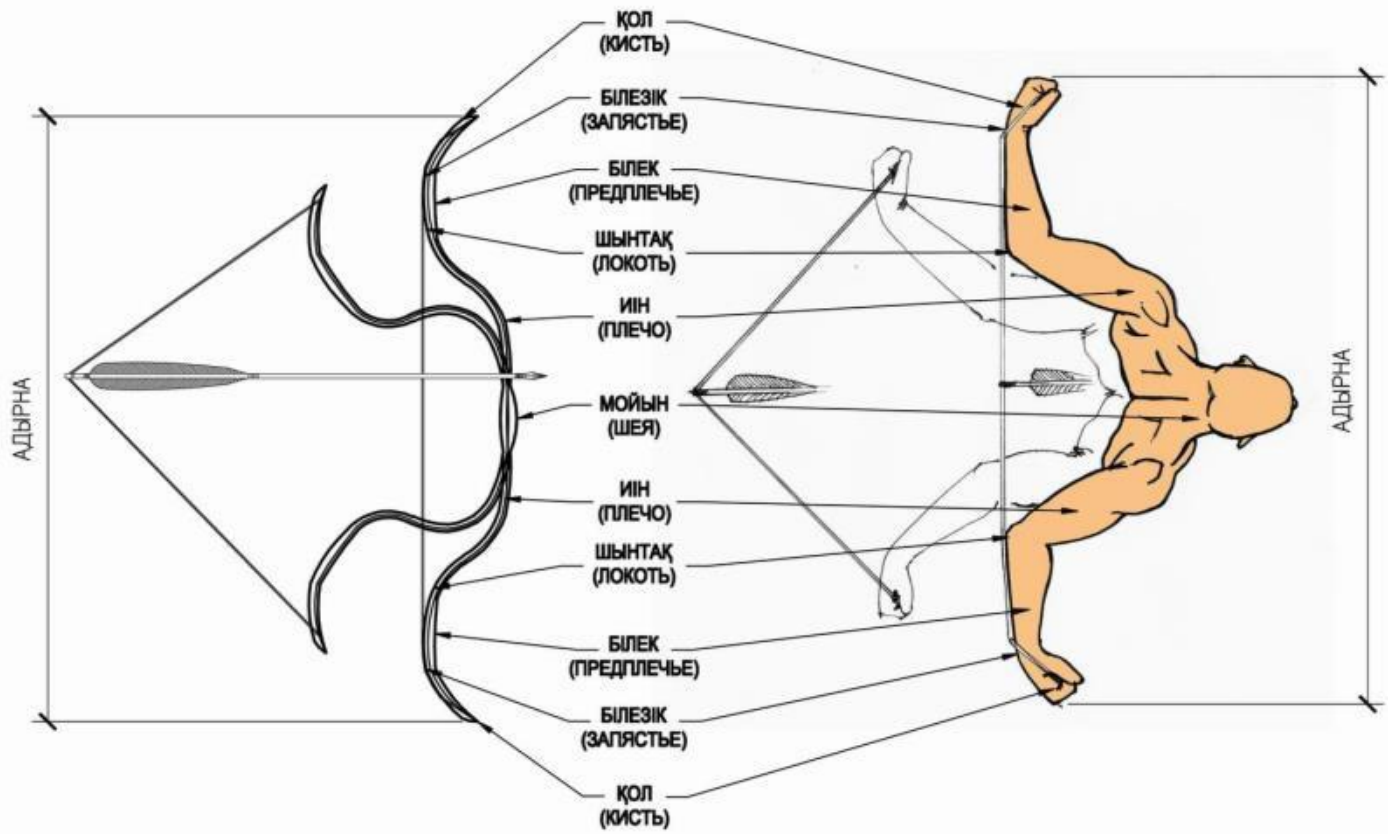
BOW MATERIALS

Back – Sinew (Ligament) / Middle – Wood / Belly – Horn / Glue – Fish Bladder

Traditionally a bow takes upto 1.5yrs to make and is kept with limb tips touching while drying. Then over 2 months the bow is slowly opened up and strung before shooting.




Similarities of the bow and the human body in shape and constitution. Human body is made of Bone, Sinew, Muscle and Blood.










A bow is a sacred item so must be handled with respect. We 'give' a bow while holding the handle/qabza with hand on top, we 'receive' the bow from the qabza/handle with hand beneath.



NAME	MEANING	REASON	OTHER
IFLAAT	Follow through of String hand 3 fingers remain clenched, index and thumb like 'Hilal' Crescent moon Elbow behind head and level with shoulders	<ol style="list-style-type: none"> 1. Release of Kinetic energy 2. To avoid bad forward release 3. More arrow speed when releasing back 	
KHATRA	Follow through of Bow hand	<ol style="list-style-type: none"> 1. Arrow does not touch bow or hand 2. More speed 3. Release of Kinetic energy 	<p>Abu Haashim has 'Fatha bi shimaal', open with left hand. Bow swings round to release hand shock due to having larger bow.</p> 
FERKE (Arabic name)	Twisting of the string at full draw	More power by pulling limbs closer together	<p>Only used by Taahir al-Balkhi because he was not tall and had short draw.</p> 

SHOT TYPE	BODY POSITION	OTHER
FRONT SHOT	Lean on left leg standing in stirrup Right foot open pointing away from horse. Right leg is light but pressing onto horse Upper body in line with target	
SIDE SHOT	Feet balanced in weight Standing in stirrups Upper body in line with target	NEED IMAGE
BACK SHOT	Turn around to target Lean on right leg while standing in stirrup Left foot pointing away from horse. Left leg is light but pressing onto horse Upper body in line with target	
SEATED SHOT		
FRONT KNEE SHOT		

BACK KNEE SHOT		
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NOCKING SYSTEM	METHOD	OTHER
Meshaa'ir Turkiye (Turkish style) Pencil	Hold arrow like a pencil Push forward between fingers of bow hand Push nock past the string and pull back Arrow shaft keeps contact with the string	Taybugha style NEED IMAGE
Bird style	Hold arrow with tips of fingers, like a birds beak Hold nock and shaft inside palm of hand Run string along palm as you pull back and nock	Taybugha style NEED IMAGE
Scooping	Grab arrow as normal with thumb and index finger, remaining 3 fingers hook the string and scoop the arrow onto the string to nock	Not historical NEED IMAGE

3 TYPES OF DRAW – (TAYBUGHA)

- SLOW
- FAST (continuous smooth movement, ensure full draw is reached and release)
- SLOW THEN FAST (Secret Style)

Ensure each style you maintain full-draw, iflaat and khatra.